

CERTIFICATE

OF PARTICIPATION

This is to certify that

Quentin Bond

Has successfully participated & completed the

8km Eastern Nights Trail Run #6

held at Benoni Country Club.

TIME 00:46:54

PACE 05:51/km **OVERALL** 18 of 45

12 December 2019, Thu

Date

GENDER 15 of 27

OVER 40 4 of 11



BoutTime

Signature